



TEST RESULTS

You will receive a call from 1-888-297-7208 within 4-7 calendar days.

It is important we are able to reach you to discuss test results. Make sure the phone number to reach you is correct on the intake form. Results will not be left by voicemail. You must speak to an agent.

Do not call unless you have received notification your test results are ready.

If you test **positive** for COVID-19, keep your entire household home.

- Most cases can be cared for at home.
 - Do not go to the hospital to seek care unless you have a medical emergency.
 - Stay in touch with your doctor
- Do not go to work. Notify your employer of your positive test result. Isolate at home.
- Monitor your symptoms as described on the preceding page.
- Seek medical attention if you develop ANY of the following:
 - ❖ Extreme difficulty breathing
 - ❖ Difficult to wake up
 - ❖ Bluish lips or face
 - ❖ Slurred speech (new or worsening)
 - ❖ Constant pain or pressure in the chest
 - ❖ New seizures or seizures that won't stop
 - ❖ Severe constant dizziness or lightheadedness

What should you expect?

- Most people experience minor symptoms such as fever and cough.
- Over-the-counter medications that lessen symptoms of fever and cough may help. It is important to get rest and drink plenty of fluids.
- There is currently no vaccine prevent COVID-19.

When does home isolation end?

- If you test positive for COVID-19, stay home and limit contact with others until:
 - You have been fever-free for at least 3 days without using medicine that reduces fevers *AND*
 - Your respiratory symptoms (e.g., cough, shortness of breath) have improved *AND*
 - At least 10 days have passed since your symptoms first appeared*
- You will need to consult your employer prior to returning to work.

For information on health care workers resuming work, visit <https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>. Employers may choose to supersede this guidance.

* If you have no symptoms but test positive, you may end isolation 10 days after the positive specimen was collected, if no symptoms develop. You will need to consult your employer prior to returning to work. Some employers may require negative testing before returning to work.

If you test **negative** for COVID-19

- You are probably not infected at this time.
 - ❖ However, false negative results do occur. If you are getting sicker, you should contact your physician and retesting should be considered.
 - ❖ Also, it can take up to 14 days after exposure for illness to occur. If you have been exposed, you might test positive at a later date.
- Continue to practice all protective measures.
- As long as the virus that causes COVID-19 is spreading in your community, continue to follow recommendations to protect yourself, including practicing social distancing, washing your hands often, avoiding touching your face and avoiding social gatherings according to local guidance.
- Follow guidance from your health care provider and your state and local health departments.

For more information, visit: coronavirus.illinois.gov



Questions about COVID-19?

Call 1-800-889-3931 or email dph.sick@illinois.gov

Illinois Department of Public Health - www.dph.illinois.gov