

NON VIOLENCE

Negotiation & Fairness

Seeking mutually satisfying resolutions to conflict

- *Accepting change*
- *Being willing to compromise.*

Non-Threatening Behavior

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

Economic Partnership

Making money decisions together

- *Making sure both partners benefit from financial arrangements.*

Respect

Listening to her nonjudgmentally

- *Being emotionally affirming and understanding*
- *Valuing opinions.*

EQUALITY

Shared Responsibility

Mutually agreeing on a fair distribution of work

- *Making family decisions together.*

Trust & Support

Supporting her goals in life

- *Respecting her right to her own feelings, friends, activities and opinions.*

Responsible Parenting

Sharing parental responsibilities

- *Being a positive non-violent role for the children.*

Honesty & Accountability

Accepting responsibility for self

- *Acknowledging past use of violence*
- *Admitting being wrong*
- *Communicating openly and truthfully.*

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