

McLean County Nursing Home Volunteer Opportunities

In-House Activities:

Volunteers are asked to arrive 15-20 minutes before scheduled activities. They may be asked to help set up tables or supplies, or may go to the resident wings to invite residents to join the activity and help bring them to the Multi-Purpose Room (MPR). After the activity, volunteers may be asked to help put supplies away, or help residents back to their wings.

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| ❖ BINGO | ❖ Crafts |
| ❖ Manicures | ❖ Help Dietary with meals |
| ❖ Share your musical talents | ❖ Walk outside with residents |
| ❖ Fill birdfeeders | ❖ Visit 1-on-1 with residents |
| ❖ Help decorate for the Holidays | |
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Volunteer for Outside events:

- ❖ Travel with residents to off-site events: shopping, meals
- ❖ Escort residents to medical appointments.

We *always* need escorts! Escorts play such a vital role. Some of our residents do not have local family, are not able, or don't feel comfortable enough to travel to their appointments by themselves. As an escort, you will ride with a resident to and from their medical appointment, ensuring the resident arrives at the correct building, gets signed in, and gets into the actual doctor's office. After the appointment, you'll call the transportation company and request your ride back to the nursing home. Once you're back, you'll help the resident back to their wing or room.

**To become a volunteer, call or e-mail Lidia Navarra,
Volunteer Coordinator, at 309-888-5174, or
Lidia.Navarra@mcleancountyil.gov**